

## Round the Mountain Trail #9

### Mt. Adams Wilderness

#### Skamania and Yakima Counties, WA

From Horseshoe Meadows east to the South Climb Trail #183 (up to 50m N-S of trail)

T8N R10E S 15, 16, 22, 23, 25, 26

List compiled after numerous visits by Paul Slichter. Updated January 12, 2010

Flora Northwest- <http://science.halleyhosting.com>

<u>Common Name</u>	<u>Scientific Name</u>	<u>Family</u>
Sharp-tooth Angelica	<i>Angelica arguta</i>	Apiaceae
Cow Parsnip	<i>Heracleum maximum</i>	Apiaceae
Gray's Lovage	<i>Ligusticum grayii</i>	Apiaceae
Mountain Desert Parsley	<i>Lomatium martindalei</i>	Apiaceae
Purple Sweet Cicely	<i>Osmorhiza purpurea</i>	Apiaceae
Western Yarrow	<i>Achillea millefolium</i> v. <i>occidentalis</i>	Asteraceae
Orange Agoseris	<i>Agoseris aurantiaca</i>	Asteraceae
Pearly Everlasting	<i>Anaphalis margaritacea</i>	Asteraceae
Wooly Pussytoes	<i>Antennaria lanata</i>	Asteraceae
Rayless Arnica or Nodding Arnica	<i>Arnica (discoidea or parryi)</i>	Asteraceae
Mountain Arnica	<i>Arnica latifolia</i>	Asteraceae
Hairy Arnica	<i>Arnica mollis</i>	Asteraceae
Douglas' Mugwort	<i>Artemisia douglasiana</i>	Asteraceae
Foreign Daisy	<i>Erigeron glacialis</i> ssp. <i>glacialis</i>	Asteraceae
Cascade Aster	<i>Eucephalus ledophyllus</i> v. <i>ledophyllus</i>	Asteraceae
White-flowered Hawkweed	<i>Hieracium albiflorum</i>	Asteraceae
Slender Hawkweed	<i>Hieracium gracile</i> v. <i>gracile</i>	Asteraceae
Scouler's Hawkweed	<i>Hieracium scouleri</i> v. <i>scouleri</i>	Asteraceae
Slender Hawkweed	<i>Hieracium triste</i>	Asteraceae
Smooth Mountain Dandelion	<i>Nothocalais alpestris</i>	Asteraceae
Alpine Aster	<i>Oreostemma alpigenum</i> v. <i>alpigenum</i>	Asteraceae
Arrowleaf Groundsel	<i>Senecio triangularis</i>	Asteraceae
King Bolete	<i>Boletus edulis</i>	Boletaceae
Cascade Rockcress	<i>Arabis furcata</i> v. <i>furcata</i>	Brassicaceae
Lyall's Rockcress	<i>Arabis lyallii</i> v. <i>lyallii</i>	Brassicaceae
Slender Mountain Sandwort	<i>Arenaria capillaris</i> ssp. <i>americana</i>	Caryophyllaceae
Western Pearlwort	<i>Sagina decumbens</i> ssp. <i>occidentalis</i>	Caryophyllaceae
Northern Sandwort	<i>Stellaria calycantha</i>	Caryophyllaceae
Common Juniper	<i>Juniperus communis</i> v. <i>montana</i>	Cupressaceae
Hood's Sedge	<i>Carex hoodii</i> ?	Cyperaceae
Woodrush Sedge	<i>Carex luzulina</i> ssp. <i>ablata</i>	Cyperaceae
Black Alpine Sedge	<i>Carex nigricans</i>	Cyperaceae
Presl's Sedge	<i>Carex preslii</i>	Cyperaceae
Raynold's Sedge	<i>Carex raynoldsii</i>	Cyperaceae
Showy Sedge	<i>Carex spectabilis</i>	Cyperaceae
Spikerush	<i>Eleocharis</i> sp.	Cyperaceae
Tall Cottongrass	<i>Eriophorum angustifolium</i> ssp. <i>angustifolium</i>	Cyperaceae
Brittle Fern	<i>Cystopteris fragilis</i>	Dryopteridaceae
Imbricate Sword Fern	<i>Polystichum imbricans</i>	Dryopteridaceae
Field Horsetail	<i>Equisetum arvense</i>	Equisetaceae
Pinemat Manzanita	<i>Arctostaphylos nevadensis</i>	Ericaceae
Pink Heather	<i>Phyllodoce empetriformis</i>	Ericaceae
Yellow Heather	<i>Phyllodoce glanduliflora</i>	Ericaceae

Thin-leaved Huckleberry	<i>Vaccinium membranaceum</i>	Ericaceae
Grouse Whortleberry	<i>Vaccinium scoparium</i>	Ericaceae
Subalpine Lupine	<i>Lupinus arcticus</i> ssp. <i>subalpinus</i>	Fabaceae
Low Mountain Lupine	<i>Lupinus sellulus</i> ssp. <i>sellulus</i> v. <i>lobbii</i>	Fabaceae
Mt. Adams Lupine	<i>Lupinus sericeus</i> ssp. <i>sericeus</i> v. <i>flexuosus</i>	Fabaceae
Steer's-head	<i>Dicentra uniflora</i>	Fumariaceae
Explorer's Gentian	<i>Gentiana calycosa</i>	Gentianaceae
Tinker's Penny	<i>Hypericum anagaloides</i>	Hypericaceae
Drummond's Rush	<i>Juncus drummondii</i>	Juncaceae
Drummond's Rush	<i>Juncus drummondii</i> v. <i>subtriflorus</i>	Juncaceae
Daggerleaf Rush	<i>Juncus ensifolius</i> v. <i>ensifolius</i>	Juncaceae
Merten's Rush	<i>Juncus mertensianus</i>	Juncaceae
Parry's Rush	<i>Juncus parryi</i>	Juncaceae
Hitchcock's Woodrush	<i>Luzula glabrata</i> v. <i>hitchcockii</i>	Juncaceae
Subalpine Mariposa Lily	<i>Calochortus subalpinus</i>	Liliaceae
Western False Asphodel	<i>Triantha occidentalis</i> ssp. <i>brevistyla</i>	Liliaceae
Green False Hellebore	<i>Veratrum viride</i> v. <i>eschscholtzii</i>	Liliaceae
Bear Grass	<i>Xerophyllum tenax</i>	Liliaceae
Fireweed	<i>Chamerion angustifolium</i> ssp. <i>angustifolium</i>	Onagraceae
Yellow Willow-herb	<i>Epilobium luteum</i>	Onagraceae
Diffuse Groundsmoke	<i>Gayophytum diffusum</i>	Onagraceae
White Bog Orchid	<i>Platanthera dilatata</i> v. <i>leucostachys</i>	Orchidaceae
Slender Bog Orchid	<i>Platanthera stricta</i>	Orchidaceae
Subalpine Fir	<i>Abies lasiocarpa</i>	Pinaceae
Western Larch	<i>Larix occidentalis</i>	Pinaceae
Whitebark Pine	<i>Pinus albicaulis</i>	Pinaceae
Western White Pine	<i>Pinus monticola</i>	Pinaceae
Mountain Hemlock	<i>Tsuga mertensiana</i>	Pinaceae
Brome	<i>Bromus</i> sp.	Poaceae
Bottlebrush Squirreltail	<i>Elymus elymoides</i> ssp. <i>elymoides</i>	Poaceae
Fescue	<i>Festuca</i> sp. - Green foliage	Poaceae
Spreading Phlox	<i>Phlox diffusa</i> ssp. <i>longistylis</i>	Polemoniaceae
Showy Jacob's Ladder	<i>Polemonium californicum</i>	Polemoniaceae
Western Polemonium	<i>Polemonium occidentale</i> ssp. <i>occidentale</i>	Polemoniaceae
Fleeceflower	<i>Aconogonon davisiae</i> v. <i>davisiae</i>	Polygonaceae
Heartleaf Buckwheat	<i>Eriogonum compositum</i> v. <i>compositum</i>	Polygonaceae
Alpine Buckwheat	<i>Eriogonum pyrolifolium</i> v. <i>coryphaeum</i>	Polygonaceae
Sulphur-flowered Buckwheat	<i>Eriogonum umbellatum</i> v. <i>umbellatum</i>	Polygonaceae
Broadleaf Knotweed	<i>Polygonum minimum</i>	Polygonaceae
Pussypaws	<i>Cistanthe umbellata</i> v. <i>caudicifera</i>	Portulacaceae
Tall Mt. Shooting Star	<i>Dodecatheon jeffreyi</i>	Primulaceae
Lace-lip Fern	<i>Cheilanthes gracillima</i>	Pteridaceae
Cascade Rockbrake	<i>Cryptogramma cascadenis</i>	Pteridaceae
Elkslip Marsh Marigold	<i>Caltha leptosepala</i> ssp. <i>leptosepala</i> v. <i>leptosepala</i>	Ranunculaceae
Partridgefoot	<i>Luetkea pectinata</i>	Rosaceae
Sitka Mt. Ash	<i>Sorbus sitchensis</i> v. <i>grayi</i>	Rosaceae
Subalpine Spiraea	<i>Spiraea splendens</i> v. <i>splendens</i>	Rosaceae
Quaking Aspen	<i>Populus tremuloides</i>	Salicaceae
Sitka Willow	<i>Salix sitchensis</i>	Salicaceae
Alpine Mitrewort	<i>Mitella pentandra</i>	Saxifragaceae
Brook Saxifrage	<i>Saxifraga odontoloma</i>	Saxifragaceae
Common Paintbrush	<i>Castilleja miniata</i>	Scrophulariaceae

Magenta Paintbrush	<i>Castilleja parviflora</i> v. <i>oreopola</i>	Scrophulariaceae
Suksdorf's Paintbrush	<i>Castilleja suksdorfii</i>	Scrophulariaceae
Lewis's Monkeyflower	<i>Mimulus lewisii</i>	Scrophulariaceae
Primrose Monkeyflower	<i>Mimulus primuloides</i>	Scrophulariaceae
Large Mountain Monkeyflower	<i>Mimulus tilingii</i> v. <i>caespitosus</i>	Scrophulariaceae
Woodland Penstemon	<i>Nothochelone nemorosa</i>	Scrophulariaceae
Elephantheads	<i>Pedicularis groenlandica</i>	Scrophulariaceae
Sickle-top Lousewort	<i>Pedicularis racemosa</i> ssp. <i>racemosa</i>	Scrophulariaceae
Yellow Penstemon	<i>Penstemon confertus</i>	Scrophulariaceae
Glaucous Penstemon	<i>Penstemon euglaucus</i>	Scrophulariaceae
Shrubby Penstemon	<i>Penstemon fruticosus</i> v. <i>fruticosus</i>	Scrophulariaceae
Small-flowered Penstemon	<i>Penstemon procerus</i> v. <i>procerus</i>	Scrophulariaceae
American Alpine Speedwell	<i>Veronica wormskjoldii</i>	Scrophulariaceae
Sitka Valerian	<i>Valeriana sitchensis</i>	Valerianaceae